

COUNTING THE OMER - 50 DAYS

Day	Subject Matter	Psalm	Day	Subject matter	Psalm
1	The Law of Adonai	119:1-8	26	The Reward of Torah	19:7-14
2	Obedience to the Law	119:9-16	27	A prayer for Guidance	25:4-10
3	Happiness in the Law	119:17-24	28	Longing for Elohim	63:1-
4	Obey the Law of Adonai	119:25-32	29	Song of Thanksgiving	67:1-7
5	A Prayer of Understanding	119:33-40	30	Elohim and His People-1	78:1-16
6	Trusting in the Law	119:41-48	31	Elohim and His People-2	78:17-31
7	Confidence in the Law	119:49-56	32	Elohim and His People-3	78:32-29
8	Devotion to the Law	119:57-64	33	Elohim and His People-4	78:40-55
9	Value of the Law	119:65-72	34	Elohim and His People-5	78:56-72
10	Justice of the Law	119:73-80	35	Elohim the King	93:1-5
11	Prayer of Deliverance	119:81-88	36	Elohim the Judge	94:12-23
12	Faith in the Law	119:89-96	37	A Song of Praise	95:1-7
13	Love for the Law	119:97-104	38	Elohim the Supreme King	96:1-13
14	Light from the Law	119:105-112	39	Elohim, Ruler of the World	98:1-9
15	Safety in the Law	119:113-120	40	Exalt our Elohim	99:1-9
16	Obedience to the Law	119:121-128	41	The Love of Elohim	103:1-22
17	Desire to Obey the Law	119:129-136	42	The Covenant of Elohim	105:1-11
18	Justice of the Law	119:137-144	43	Elohim's Goodness	106:1-5
19	Prayer for Deliverance	119:145-152	44	In Praise of Adonai	111:1-10
20	Plea for Salvation	119:153-160	45	Happiness of a Good Person	112:1-10
21	Dedication to the Law	119:161-168	46	Reward of Obedience	128:1-6
22	Prayer for Help	119:169-176	47	Prayer for Help	130:1-8
23	True Happiness	1:1-6	48	Call to Praise Elohim	148:1-14
24	Confidence in Adonai	11:1-7	49	Prayer for Thanksgiving	138:1-8
25	What Adonai Requires	15:1-5	50	Praise Adonai	150:1-6